

CYBEX

二頭肌練習器

ARM CURL



CYBEX®



1 可旋轉的手柄
Rotating Handles



2 前臂上拉的支點設在軟墊外
Off-pad Axis of Rotation



3 可調節胸墊的高低
Adjustable Chest Pad

產品編號： Product Code：	11070
機身及鐵餅重量： Machine weight with weight stack：	456磅(lb) / 207公斤(kg)
鐵餅配重重量： Weight stack：	205磅(lb) / 93公斤(kg)
尺寸(長x闊x高)： Dimensions(LxWxH)：	147x104x147厘米(cm)

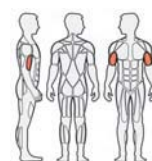
開始 START

完成 FINISH



可鍛鍊部位：
肱二頭肌、肱肌、肱橈肌

Muscles trained：
Biceps Brachii, Brachialis,
Brachioradialis



特點 Features

二頭肌練習器 ARM CURL

- 設有阻力變化凸輪系統，能協調每個幅度，按照每個人不同的極限及能力保持整個動作中力量的劃一，使動作更順暢、鍛鍊更安全有效。
- 前臂上拉的支點設在軟墊外，可減輕雙肘在鍛鍊時因壓著軟墊而產生的不適。
- 可旋轉的手柄，用戶可隨意調節握姿。
- 機身設有平衡模組，抵消起始臂本身的重量，即使在最輕重量的情況下仍可保持一致的阻力。
- 可調節胸墊的高低，保持上身穩定和雙肘與支點對齊。
- 隱蔽式鐵餅架結構，並設有鐵餅緩衝器，保護用戶或旁觀者以免受到鐵餅之碰撞或弄傷。設計已通過「美國材料試驗協會」及歐洲的標準，安全可靠。
- 第二代旋鈕式重量調節系統，只需輕扭調節器，便可每次遞增或減5磅(2.5公斤)，無需推置或摘除，比傳統的推置式調節更安全簡捷。
- 油壓式座椅調節，方便快捷，並設有位置指引，讓用戶每次使用設施時依照指示調節至同一位置。
- 機身附有使用說明及操作指示圖。
- The CAM is synchronized with each individual user. It matches their performance level, maintaining the integrity of force throughout the range of motion while taking into account their limits and abilities.
- Off-pad axis of rotation minimizes pressure on the elbow.
- Rotating handles allow a variety of hand positions.
- The Counterbalance system provides consistent resistance at even the lowest weight selections.
- Adjustable chest pad provides for torso stabilization allowing for consistent elbow alignment with axis of rotation.
- Enclosed weight stacks which comply with ASTM and EN standards help shield bystanders and users from inadvertent contact with the moving weight stack, creating a safer workout environment.
- The Second Generation Twist Select Increment Weight System allows user to adjust the weight 5 pounds (2.5kg) at a time with a simple turn of the knob - nothing to slide, drop or lose.
- Gas spring assisted seat for easy adjustment. The position indicators enable the user to perfectly duplicate their position on the machine each time they use it.
- High contrast three-color placards use straightforward language and pictures for easy-to-read instructions.