

上斜高拉力練習器

INCLINE PULL



CYBEX®



1

配備第二代雙軸技術
The Second Generation Dual
Axis Technology



2

可進行單獨的臂部運動
Independent Arm Motion



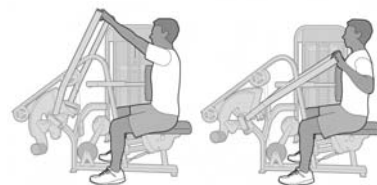
3

採用最佳的軸傳動驅動系統
A "Best Use" drive system -
Drive shafts

產品編號： Product Code：	11020
機身及鐵餅重量： Machine weight with weight stack：	644磅(lb) / 293公斤(kg)
鐵餅配重重量： Weight stack：	305磅(lb) / 138公斤(kg)
尺寸(長x闊x高)： Dimensions(LxWxH)：	137x147x183厘米(cm)

開始 START

完成 FINISH



可鍛鍊部位：

背闊肌、大圓肌、菱形
肌、三角背肌、下及中斜
方肌、二頭肌(基本鍛鍊)、
三頭肌(高級鍛鍊)



Muscles trained：

Latissimus Dorsi, Teres
Major, Rhomboid, Posterior
Deltoid, Lower and Middle
Trapezius, Biceps(Basic
Movement), Triceps
(Advanced Movement)

特點 Features

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- 配備第二代雙軸技術，讓用者自定個人的運動軌跡來鍛鍊，另提供符合人體工學的聚合運動模式來強化鍛鍊效果。
- 可進行單獨臂部運動，使力量發展更平均。
- 可調節的胸腹墊，配合不同體型的用者，有助穩固身軀。
- 機身設有平衡模組，抵銷起始臂本身的重量，即使在最輕重量的情況下仍可保持一致的阻力。
- 採用最佳的軸傳動驅動系統，簡化傳動的過程，使傳達的力更準確、穩定，用者更能感受傳達的力量外亦節省維修成本。
- 透過調節，用者可進行高拉力至擴胸的練習。
- 隱蔽式鐵餅架結構，並設有鐵餅緩衝器，保護用者或旁觀者以免受到鐵餅之碰撞或弄傷。設計已通過「美國材料試驗協會」及歐洲的標準，安全可靠。
- 第二代旋鈕式重量調節系統，只需輕扭調節器，便可每次遞增或減5磅(2.5公斤)，無需推置或摘除，比傳統的推置式調節更安全簡捷。
- 油壓式座椅調節，方便快捷，並設有位置指引，讓用者每次使用設施時依照指示調節至同一位置。
- 機身附有使用說明及操作指示圖。

- The Second Generation Dual Axis Technology allows users to define their own paths of movement, as well as providing a converging path motion for greater individual performance.
- Independent arm motion encourages symmetrical strength development.
- Torso pad provides stabilization and adjusts for user differences.
- The Counterbalance system provides consistent resistance at even the lowest weight selections.
- A "Best Use" drive design – Drive Shafts, transfers accurate force to provide users a direct feel and optimal performance.
- Allow for movements ranging from high pull to rear delt by unique positioning and adjustment.
- Enclosed weight stacks which comply with ASTM and EN standards help shield bystanders and users from inadvertent contact with the moving weight stack, creating a safer workout environment.
- The Second Generation Twist Select Increment Weight System allows user to adjust the weight 5 pounds (2.5kg) at a time with a simple turn of the knob - nothing to slide, drop or lose.
- Gas spring assisted seat for easy adjustment. The position indicator enables the user to perfectly duplicate their position on the machine each time they use it.
- High contrast three-color placards use straightforward language and pictures for easy-to-read instructions.