

CYBEX Eagle

腰部轉體練習器

TORSO ROTATION



CYBEX®



1

固定的座椅
Fixed Lower Body



2

雙重腳踏杆
Dual Angled Foot Pegs



3

提供每10°的起始位置
Starting Positions Provided
Every 10°

產品編號： Product Code：	11190
機身及鐵餅重量： Machine weight with weight stack：	690磅(lb) / 314公斤(kg)
鐵餅配重重量： Weight stack：	305磅(lb) / 138公斤(kg)
尺寸(長x闊x高)： Dimensions(LxWxH)：	112x119x193厘米(cm)

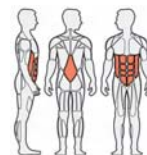
開始 START

完成 FINISH



可鍛鍊部位：

腹內斜肌及腹外斜肌、同一面的腹直肌與背部豎棘肌群



Muscles trained：

Internal and External
Obliques, Rectus
Abdominis and Erector
Spinae on same side

特點 Features

腰部轉體練習器 TORSO ROTATION

- 設有阻力變化凸輪系統，能協調每個幅度，按照每個人不同的極限及能力保持整個動作中力量的劃一，使動作更順暢、鍛鍊更安全有效。
- 固定的座椅，使用者以頭部帶領身軀，模擬多項運動及活動。
- 採用最佳的軸傳動驅動系統，簡化傳動的過程，使傳達的力更準確、穩定，用者更能感受傳達的力量外亦節省維修成本。
- 雙重腳踏杆，提供額外穩定身軀的選擇。
- 提供每10°的起始位置。
- 隱蔽式鐵餅架結構，並設有鐵餅緩衝器，保護用者或旁觀者以免受到鐵餅之碰撞或弄傷。設計已通過「美國材料試驗協會」及歐洲的標準，安全可靠。
- 第二代旋鈕式重量調節系統，只需輕扭調節器，便可每次遞增或減5磅(2.5公斤)，無需推置或摘除，比傳統的推置式調節更安全簡捷。
- 油壓式座椅調節，方便快捷，並設有位置指引，讓用者每次使用設施時依照指示調節至同一位置。
- 機身附有使用說明及操作指示圖。

- The CAM is synchronized with each individual user. It matches their performance level, maintaining the integrity of force throughout the range of motion while taking into account their limits and abilities.
- Fixed lower body allows the head to lead the trunk, mirroring many sport and functional activities.
- A "Best Use" drive design – Drive Shafts, transfers accurate force to provide users a direct feel and optimal performance.
- Dual angled foot pegs provide multiple stabilization opportunities.
- Starting positions provided every 10°.
- Enclosed weight stacks which comply with ASTM and EN standards help shield bystanders and users from inadvertent contact with the moving weight stack, creating a safer workout environment.
- The Second Generation Twist Select Increment Weight System allows user to adjust the weight 5 pounds (2.5kg) at a time with a simple turn of the knob - nothing to slide, drop or lose.
- Gas spring assisted seat for easy adjustment. The position indicator enables the user to perfectly duplicate their position on the machine each time they use it.
- High contrast three-color placards use straightforward language and pictures for easy-to-read instructions.