

CYBEX

髖部練習器

GLUTE



VR | 3

CYBEX®



設有阻力變化凸輪系統
The CAM



呈弧線的運動軌跡
Curvilinear Path of Motion



可調節的脛部保護墊
和腹墊
Unique Adjustable Shin
Support and Abdominal
Support

產品編號： Product Code：	12170
機身及標準鐵餅重量： Machine weight with standard weight stack：	555磅 (lbs)/ 252公斤 (kgs)
機身及特重鐵餅重量： Machine weight with heavy weight stack：	595磅 (lbs)/ 270公斤 (kgs)
尺寸(長x闊x高)： Dimensions(LxWxH)：	159x105x162厘米(cm)



特點

Features

髖部練習器 GLUTE

- 設有阻力變化凸輪系統，能協調每個幅度，按照每個人不同的極限及能力保持整個動作中力量的劃一，使動作更順暢、鍛鍊更安全有效。
- 呈弧線的運動軌跡，有助鍛鍊臀肌的同時減低因倚傍著腹墊而卸力的情況。
- 可調節的脛部保護墊和腹墊，有助保持下肢及脊骨的姿勢正確。
- 隱蔽式鐵餅架結構，並設有鐵餅緩衝器，保護用者或旁觀者以免受到鐵餅之碰撞或弄傷。設計已通過「美國材料試驗協會」及歐洲的標準，安全可靠。
- 第二代旋鈕式重量調節系統，只需輕扭調節器，便可每次遞增或減5磅(2.5公斤)，無需推置或摘除，比傳統的推置式調節更安全簡捷。
- 腹墊設有位置標記，讓用者每次使用設施時可依照標記調節至同一位置。
- 機身附有使用說明及操作指示圖。
- The CAM is synchronized with each individual user. It matches their performance level, maintaining the integrity of force throughout the range of motion while taking into account their limits and abilities.
- Curvilinear path of motion encourages gluteal involvement without relying on precisely aligned hip placement.
- Unique adjustable shin support and abdominal support allows for optimal pad location. Positioning the knee under the hip allows proper alignment of the spine during use.
- Enclosed weight stacks which comply with ASTM and EN standards help shield bystanders and users from inadvertent contact with the moving weight stack, creating a safer workout environment.
- The Second Generation Twist Select Increment Weight System allows user to adjust the weight 5 pounds (2.5kg) at a time with a simple turn of the knob - nothing to slide, drop or lose.
- The abdominal support has position indicator to enable the user to perfectly duplicate their position on the machine each time they use it.
- High contrast three-color placards use straightforward language and pictures for easy-to-read instructions.