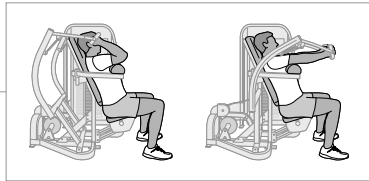


ARM EXTENSION

- Input arm design allows user to focus on tricep by maximizing the torque at the elbow while minimizing the torque at the shoulder
- Gas spring assisted seat for easy adjustment
- Input arm adjusts automatically to accommodate varying forearm lengths
- Rotating handgrips help maintain a neutral wrist position



13

ARM CURL

- Input arm adjusts automatically to accommodate varying forearm lengths
- Gas spring assisted seat for easy adjustment
- Off-pad axis of rotation minimizes pressure on the elbow
- Adjustable chest pad provides for torso stabilization allowing for consistent elbow alignment with axis of rotation
- Rotating handles allow a variety of hand positions

