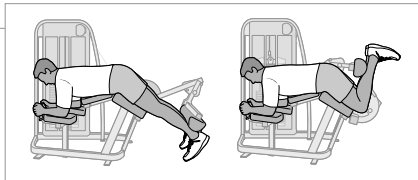


PRONE LEG CURL

- Range Limiting Device maintains integrity of force curve while providing adjustment for appropriate starting position. Available in two configurations: Start RLD and Total RLD
- Forearm pads and hip pad angle encourage a neutral spine
- Leg pad positioning is instinctive for user and virtually effortless
- Offset input arm allows for leg pad adjustment without affecting the starting angle of the knee



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HIP ABDUCTION/ADDUCTION

- Zero slack drive mechanism allows for near zero free-play for direct engagement
- Dual cams are optimized for the movement and allow for single resistance selection for both movements
- Innovative design feature allows back to be positioned in full hip extension to optimally train gluteus maximus and medius during hip abduction
- Weight stack serves as privacy shield
- Knee pads as inputs minimize knee stress
- Dual foot bars accommodate a broad range of user heights

