LEG EXTENSION

- RLD maintains integrity of force curve while providing adjustment for appropriate starting position. Available in three configurations: Start RLD, Total RLD and non-RLD. Total RLD provides locking shin pad
- Spring assisted back pad for easy adjustment
- Leg pad positioning is instinctive for user and virtually effortless
- Offset input arm provides for positioning without affecting the starting angle of the knee
- Back pad is angled 100° from seat bottom to relieve hamstring tension







SEATED LEG CURL

- RLD maintains integrity of force curve while providing adjustment for appropriate starting position. Available in three configurations: Start RLD, Total RLD and non-RLD
- Spring assisted back pad for easy adjustment
- Leg pad positioning is instinctive for user and virtually effortless
- Leg pad adjusts with minimal effect on the starting angle of the knee
- Back pad is angled 100° from seat bottom to relieve hamstring tension
- Thigh stabilization pad provides significantly reduced shear at the knee as compared to other methods, resulting in less stress on the posterior cruciate ligament for a safer, more effective movement





