

LEG PRESS

- Unique four-bar linkage orientation provides greater hip range of motion and increases hip extensor involvement by providing a descending path of motion
- The fully enclosed counterbalance system provides consistent resistance at even the lowest weight selections
- Stationary seat provides user security while the moving platform provides significantly reduced inertia allowing greater speed in training
- Seat back angle is adjustable with five positions
- An extensive range of start positions to accommodate users of all sizes
- Large footplate surface allows for a variety of foot placement positions

