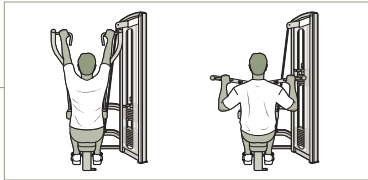


PULLDOWN

- The optimized dependent, fixed-plane diverging pattern provides a uniquely secure and comfortable feel as it maintains a consistent torque at the joint for highly effective training in all user levels
- Barbell and neutral grips provide multiple grip choices
- The innovative load transfer system creates a direct belt path, minimizing drag and optimizing user's sense of direct connection with the weight
- Adjustable thigh pads accommodate a variety of user heights



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TORSO ROTATION

- Fixed upper body maintains a stable head position and is applicable for athletic training in events where the legs are “driving”
- Hip flexed position provides optimal stabilization and spinal alignment
- Foot platforms provide excellent stabilization for all users
- Six starting positions provided every 10° in each direction
- Gas spring assisted seat for easy adjustment

